








The Core Competencies: A Student Self Assessment

Student Name: _____ Grade: _____ Teacher: _____ IEP AB/ED
 A star means this is an area I feel strong in. A circle means it's an area I want to work on.



COMPETENCIES

The intellectual, personal, and social & emotional proficiencies that all students develop over a lifetime.

 COMMUNICATION	 I SHOW MY COMMUNICATION SKILLS WHEN...
Communication <ul style="list-style-type: none"> • Connect and engage with others • Acquire, interpret, and present information • Collaborate to plan, carry out, and review • Explain/recount and reflect 	
 THINKING	
Creative Thinking and Innovation <ul style="list-style-type: none"> • Novelty and value • Generating ideas • Developing ideas 	 I SHOW MY THINKING WHEN ...
Critical Thinking <ul style="list-style-type: none"> • Analyze and critique • Question and investigate • Develop and design 	
 PERSONAL & SOCIAL	 I SHOW HOW I TAKE CARE OF MYSELF BY...
Positive Personal & Cultural Identity <ul style="list-style-type: none"> • Relationships and Cultural Contexts • Personal values and choices • Personal strengths and abilities 	
Personal Awareness & Responsibility <ul style="list-style-type: none"> • Self-determination • Self-regulation • Well-being 	 I SHOW HOW I TAKE CARE OF OTHERS BY...
Social Responsibility <ul style="list-style-type: none"> • Contributing to community and caring for the environment • Solving problems in peaceful ways • Valuing diversity • Building relationships 	